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Atty. File No. 207,697

IFW



IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Application No. : 10/589,704
Filed : May 8, 2007
Applicant(s) : Bruce William ROSS
Title : PHYSICAL TRAINING APPARATUS
Customer No. : 38137

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Date of Deposit:	July 15, 2008
I hereby certify that this paper or fee is being deposited with the United States Postal Service "Express Mail" service under 37 CFR 1.10 on the date indicated above and is addressed to the Commissioner for Patents, P.O. Box 1450, Alexandria, VA 22313-1450.	
Name:	J. David Danow
Signature:	

July 15, 2008

AMENDMENT

Commissioner for Patents
P.O. Box 1450
Alexandria, VA 22323-1450

Sir:

This responds to the Office Action of May 28, 2008. Please enter the following amendments.

In the Claims

Listing of the Claims are shown on page 2 below.

Remarks

Remarks begin on page 5 below.